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 Carrollton, TX 75006
 972-245-6252
 info@abodyinmotion.us



A Body In Motion The Studio Presents Summer Dancer's Boot Camp

Come condition and train to improve technique, kicks, and dance ability during the summer and prep for Officer and College tryouts NOW! Learn from current college team squad members and gain helpful insight into auditions. College Pom/Dance teams, TVCC Cardettes, TJC Apache Belles, Kilgore Rangerettes and MORE! Get fit BEFORE football season starts! Let us help you train for the uniform you want!

ONLY \$25!

<p>4 HOURS OF DANCE/TECHNIQUE/FLEXIBILITY/KICK TRAINING:</p> <p style="text-align: center;">SATURDAY BOOT CAMP \$25</p> <p style="text-align: center;">10-11:00am: Flexibility/Dance Conditioning 11-12:00pm: College Dance/Drill Technique 12:30-1:30pm: INT/ADV College Level Choreography* 1:30-2:30pm: INT/ADV College Level Choreography*</p> <p>*Choreography taught will vary depending on the visiting College team at each individual Boot Camp. Focus will include high kick, pom, jazz and hip hop.</p>	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">July 1st</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">July 8th</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">July 15th</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">July 22nd</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">July 29th</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">Aug 5th</td></tr> <tr><td style="text-align: center;"><input type="checkbox"/></td><td style="text-align: center;">Aug 12th</td></tr> </table>	<input type="checkbox"/>	July 1st	<input type="checkbox"/>	July 8th	<input type="checkbox"/>	July 15th	<input type="checkbox"/>	July 22nd	<input type="checkbox"/>	July 29th	<input type="checkbox"/>	Aug 5th	<input type="checkbox"/>	Aug 12th
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Summer Boot Camp!	Name: _____ Age: _____
	Team/Position you are training for: _____
	Address: _____
	Phone: _____ Mobile Phone: _____
	Email: _____
	Check #: _____
	Amount: _____
	Credit Card Type: MC Visa Discover
Credit Card Number: _____	
Exp Date: _____ 3 Digit Security Number: _____	

We accept Cash, Checks, MasterCard, Visa and Discover.
Make all checks payable to A Body In Motion
There will be a \$30.00 service charge applied to all returned checks.